



Instructions For Use

Carefully follow these instructions before using.

Before You Begin...

When using microdermabrasion, it's very important to be aware of your specific skin type. Sensitive skin types should take caution and be gentle during treatment. Tougher skin types can be more aggressive with treatment.

WARNING - Hovering in one place too long may cause irritation and result in a scab.

STEP 1: Assembly

Place chosen disc on motor shaft and simply push on tightly to attach. To remove disc, pull off of shaft. Place the cap over the disc. Screw 1/4 turn and seal tightly. There must be a seal in order to create the vacuum and suction. Connect cord to unit and power supply and plug in.

Important: There are 2 disc sizes, one for the body and one for the face. Small Disc: Use the small disc around tight spots on the nose or where your bones won't allow suction. The large disc should only be used on the body.

STEP 2: Wash Your Skin

Cleanse and wash the treatment area. Remove all oil, makeup, and dirt. Make sure your hair is out of the way and covered or pulled back off of your face.



STEP 3: Technique

Pull your skin taught for a smooth surface. Place your fingers on the skin and stretch it so that it's tight where the tip will make contact. Keep the unit moving constantly over your skin during treatment.

Important: do not hover in one spot.

Be sure the cap is flush with your skin, maintaining even contact. This will ensure proper suction. The motor sound will change when suction occurs.

STEP 4: Treatment

Use light pressure with your first few treatments. As you become skilled with the tool, you can be more aggressive and use more pressure. Be careful not to grind too deep on the skin. Move the disc in upward and horizontal motions until you have treated all areas of the skin. If you have trouble spots, take a little more time on those areas. Be careful not to press too hard or stay too long

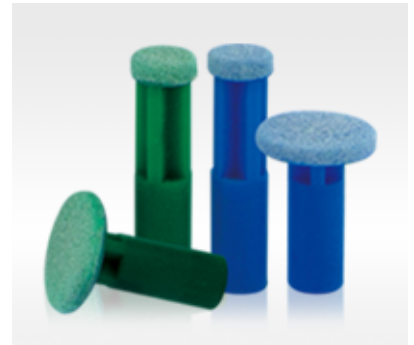
STEP 5: Cell Renewal

Use our recommended products or your own. The cell rejuvenation and renewal serums and creams are essential to the healing process and recovery. Use them daily in between treatments.

- Apply treatment toner. This neutralizes the pH balance of your skin and prepares the skin for the recovery moisturizer. Wait 5 minutes.
- Apply a recovery moisturizer or a cell renewal lotion or serum.
- Use sunscreen for at least 3 days after your treatment; your skin will be extra sensitive.
- Cosmetics may be applied after the treatment.

STEP 6: Follow-Up and Maintenance

Clean the white filter and residue out of the cap and motor shaft. Clean with a damp cloth in and around motor shaft. Replace discs every two to three treatments. For maximum effectiveness, the abrasive on the discs must be fresh.



Recommended usage: Once a week.

Note: The Green has moderate grit, and the Blue Disc is for sensitive skin. Red Discs with a coarse grit for more aggressive treatments are also available.

Due to the personal nature of this tool we accept no returns.

90 day warranty on parts and motor.

