

# Bunion Aid Plus™ Replacement Set

READ PRODUCT INFORMATION & INSTRUCTIONS BEFORE USE.

## Bunion Aid Plus™ Replacement Set includes:

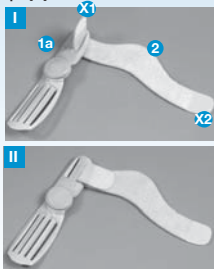
1. Two hook & loop toe straps
2. Hook & loop metatarsal strap
3. Two foam side cushions
  - Thick cushion for extra comfort and protection
  - Thin cushion for an alternative fit
4. Metatarsal pad

**CAUTION:** Not recommended for those with diabetes or poor circulation.

## INSTRUCTIONS FOR ASSEMBLING THE SET

### 1. Threading the toe straps into splint:

Place the toe strap in front of you (Fig. I). The hook & loop end (X1) of the toe strap (2) is drawn from below through the right opening of the toe blade (1a) and is fastened to the toe strap (2) as in (Fig. II). The second hook & loop end (X2) is also drawn through the left opening of the toe blade (1a) and fastened to the toe strap (2).



### 2. Threading the metatarsal strap into the splint:

Place the splint (1) and the metatarsal strap (3) in front of you (Fig. III). The metatarsal strap is drawn from above through the reversing slit (R1) and then from below through the reversing slit (R2) and then fasten to the metatarsal strap (3) (Fig. IV). As identified in (Fig. III), the second end of the metatarsal strap (3) is drawn from above through the reversing slit (L1), fed back through the slit (L2) and then fastened to the metatarsal strap (3). Completed strap assembly is shown in (Fig. V).



### 3. Applying the foam side cushion:

The side cushion is placed on the long part of the splint; the shape of the cushion fits the shape of the splint. An additional slim cushion is included for an alternative fit.

**4. OPTIONAL:** (Recommended for those with hammertoe or claw foot.) For additional lift and support, place metatarsal pad in center of the underside of your foot, slightly below level of ball of foot (Fig. VI). The pad (A) should not extend beyond the line of your bunion (B) and should be comfortable while walking. To test whether it is in the right place, stand on the pad up to three minutes. As you put pressure on the pad, your toes should lengthen.



## Contraindications:

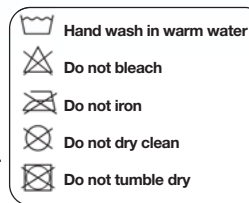
- There are no known hypersensitivity or allergic reactions associated with this product when used correctly. If it is not possible to correct the angle (<20°) of the base joint of the big toe passively, we advise against wearing the splint and recommend consulting your healthcare professional.
- Please consult your healthcare professional before applying and wearing.
- Discontinue use of **Bunion Aid** in case of the following conditions: skin diseases or injuries in the affected area, especially inflammation, as well as scarring with swelling, redness or increased skin temperature, gout, rheumatoid arthritis, tenderness to pressure, polyneuropathy, or swelling of the leg.

## Side effects:

There are no known side-effects when used properly. In the event of local pressure or circulatory disturbance, please ensure **Bunion Aid** is worn correctly or discontinue use and contact your healthcare professional.

## Care instructions:

- Hand wash only. No fabric softener or bleach.
- Wash as an entire unit or in separate parts.
- Close straps before washing to avoid damage.
- Air dry only.
- Store in a dry place.
- Avoid contact with fats and acids.



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**Bunion Aid Plus** is a quality-assured product. Should you have any questions, please contact us at [info@alphaorthotics.com](mailto:info@alphaorthotics.com) or one of our experts.

Made in Germany

Patent US 7,396,338 B2

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